

Tennessee

Procedure for Inquiries Regarding Sickle Cell Trait Results for Athletes

Date : April 2013

Subject: NCAA Rule for Sickle Cell Testing of Athletes
Sickle Cell testing Information for families and colleges

If a student's status with regards to being confirmed as having sickle cell trait or disease needs to be determined, the following steps should be performed:

- Contact the Primary Care Provider that saw the child prior to age one year. The provider may have a copy of the newborn screening results that identify normal hemoglobin or possible Sickle Cell Disease or Trait. **It is important to note that Newborn Screening Program results are only screening results and the diagnosis of trait or disease must come from confirmatory testing, performed at a specialized laboratory.** If the screen indicated possible Sickle Cell Disease or Trait the provider may have a copy of the confirmatory test results.
- If records indicated possible Sickle Cell Disease or Trait and that confirmatory testing was done at the Meharry Sickle Cell Center (MSCC) the student may contact them in **writing** for the confirmatory result. Phone: (615) 327-6763 Fax: (615) 327-6008 Email: sickle_cell@mmc.edu. Provide the student's name, and date of birth. Include contact information (address where to send the result, phone number and email address). If the student is a minor, the parent/guardian needs to sign the request. **Please note: Electronic records before 2002 are not available at the MSCC.**
- If no test results are available from the Primary Care Provider or the MSCC, the student may obtain a new test from their provider. Athletic programs may want to contact the sickle cell center in their area to arrange for sickle cell trait testing.

Sickle Cell Centers

- St. Jude Children's Research Hospital, Memphis (901) 595-5670/(866) 269-6536
- Meharry Sickle Cell Center, Nashville (615) 327-6763
- University of Tennessee, Knoxville (865) 305-9030/(800) 325-3894
- T.C. Thompson Children's Hospital, Chattanooga (423) 778-7289